



**WorldCare's Global Medical Director, together with colleagues from The Co-operators and Morneau Shepell, shares methods to support mental illnesses at Canadian Pensions and Benefits Institute event**

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**BOSTON —** With over 25 years of dedication providing members around the world with access to the best medical second opinions through virtual medical management, WorldCare's Global Medical Director, Dr. Richard Heinzl, in conjunction with Sarah Dulong, Mental Health Claims Advisor, Group Disability Claims, The Co-Operators Life Insurance Company and Paula Little VP Operations, Morneau Shepell are sharing insights during the Canadian Pensions and Benefits Institute event taking place on March 21, 2019, at the Fairmont Palliser Hotel in Calgary. The event will showcase new, cost-effective ways to help people with mental illnesses including Internet Cognitive Behavioural Therapy (iCBT), Virtual Psychiatric Independent Medical Examinations and Mental Health Medical Second Opinions.

"I am excited to participate in this important event to share what we at WorldCare and Co-Operators have learned to date on the impact of mental health medical second opinions in the workplace. Our findings support the importance of creating a network for employees to receive the best medical opinions, giving them access to the resources and support needed to return to and maintain a productive work and life environment." stated Richard Heinzl, MD, Global Medical Director, WorldCare International, Inc.

"At The Co-operators our mission is to provide financial security and peace of mind for Canadians and their communities. We are committed to finding innovative ways for our members and clients who are suffering with mental illness to overcome barriers preventing them from receiving timely and expert support. I am looking forward to sharing information on the need for products like Morneau Shepell's Internet Cognitive Behavioural Therapy and WorldCare's Mental Health Medical Second Opinions and the value we have recognized in our research," shared Sarah Dulong, Mental Health Claims Advisor, The Co-operators.

"With lengthy delays to treatment in the public healthcare arena, managing mental health can prove challenging. Having access to the right tools at the right time is key to supporting employees, workplace productivity, and early, safe and sustainable return to work. I am pleased to share the encouraging results we have been able to achieve in partnership with The Co-operators through the use of our tools Influence Care and AbilitiCBT. When technology is used

as an enabler, we can increase our reach significantly ensuring the care path is bridged providing timely access to evidence based tools,” shared Paula Little VP Operations, Morneau Shepell.

For more information on the event or to register, please visit <http://www.cpbi-icra.ca/Events/Details/Southern-Alberta/2019/03-21-Mental-Health-innovative-strategies-and>

### **About WorldCare International, Inc.**

WorldCare’s mission is to improve healthcare outcomes of members worldwide by connecting our clients to the foremost medical experts at top-ranked U.S. hospitals of The WorldCare Consortium™. WorldCare fulfills its mission by using a unique disease management approach, which digitally recreates the experience of a patient walking into the leading medical institutions in the United States, providing the highest-touch coaching, virtual medical second opinions and other medical services available worldwide.

### **About The Co-operators**

The Co-operators Group Limited is a Canadian co-operative with more than \$48 billion in assets under administration. Through its group of companies, it offers home, auto, life, group, travel, commercial and farm insurance, as well as investment products. The Co-operators is well known for its community involvement and its commitment to sustainability. The Co-operators is listed among the Best Employers in Canada by Aon Hewitt and Corporate Knights' Best 50 Corporate Citizens in Canada. For more information, visit [www.cooperators.ca](http://www.cooperators.ca).

### **About Morneau Shepell**

Morneau Shepell is the only human resources consulting and technology company that takes an integrated approach to employee well-being, health, benefits and retirement needs. The Company is the largest administrator of retirement and benefits plans and the largest provider of integrated absence management solutions in Canada. LifeWorks by Morneau Shepell is a total well-being solution that combines employee assistance, wellness, recognition, and incentive programs. As a leader in strategic HR consulting and innovative pension design, the Company also helps clients solve complex workforce problems and provides integrated productivity, health and retirement solutions. Established in 1966, Morneau Shepell serves approximately 24,000 clients, ranging from small businesses to some of the largest corporations and associations. With more than 4,500 employees in offices worldwide, Morneau Shepell provides services to organizations around the globe. For more information, visit [morneaushepell.com](http://morneaushepell.com).

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