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WorldCare guest Dr. Sud to share insights into Canada's rising chronic pain and depression concerns

BOSTON — With over a quarter of a century of experience providing virtual medical management services, including remote medical second opinion services, WorldCare will sponsor *Benefits & Pensions Monitor's* industry event "Benefits 2019," taking place on June 20, 2019 at Vantage Venues in Toronto.

The event will focus on some of the developing issues plan sponsors face in the benefits field, including chronic pain and depression. WorldCare's guest speaker, Abhimanyu Sud, MD, CCFP, will illustrate the current massive cost of these medical issues upon Canadian society and explore some behavioural and cognitive therapies that are proving effective and economical in addressing the issues.

"I'm glad that WorldCare and Benefits & Pensions Monitor are providing a platform to discuss chronic pain and mental illness. The benefits community can play a transformative role in better addressing these twin crises," shared Abhimanyu Sud, MD CCFP, Department of Family and Community Medicine Director, Faculty of Medicine, University of Toronto.

"We have seen a positive change in the last couple years around the topic of mental illness on a surface level. The discussion has evolved from being a stigma to talk about at all, to now being an acceptable topic of conversation. However, are we really understanding what goes into helping people suffering from mental illnesses? What impact will their prescribed solutions have on them and society as a whole? There is still a lot to learn about the options for plan sponsors that are both economical and supportive solutions for employees. We are privileged to have Abhimanyu Sud, MD, CCFP join our panel of experts to share his knowledge and insights on this important subject and the issues we are facing in today's world," stated Kristyn Dougall, Executive Meeting & Event Manager, *Benefits and Pensions Monitor*.

To register, please visit <http://www.events.bpmmagazine.com/benefits2019/>

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About WorldCare

WorldCare's mission is to improve healthcare outcomes of members worldwide by connecting our clients to the foremost medical experts at top-ranked U.S. hospitals of The WorldCare Consortium®. WorldCare fulfills its mission by using a unique disease management approach, which digitally recreates the experience of a patient walking into the leading medical institutions in the United States, providing the highest-touch coaching, virtual medical second opinions and other medical services available worldwide.