

WorldCare Health Update



We hope that 2020 has started off on healthy, happy note for you. At WorldCare, we remain focused on our mission to improve healthcare outcomes for you, our members. We can provide you with the highest-touch coaching, virtual medical second opinions (MSOs) available worldwide by connecting you to the foremost medical experts at top-ranked U.S. hospitals. If you have recently been diagnosed with a serious medical illness, we are here to help.

Below you will find some information from our medical second opinion providers in [The WorldCare Consortium®](#) on two very important topics; new treatment possibilities for blood cancers and how addiction often coexists with other mental health illnesses.

We hope you find this information useful and informative. We have also included a few links to updated material on some of our services below. We look forward to sharing more with you throughout the year. Just remember, we are always here for you should you need reassurance that you have the correct diagnosis and that you are on the optimal treatment path, so please do not hesitate to [contact us](#).

We wish you all the best throughout 2020!

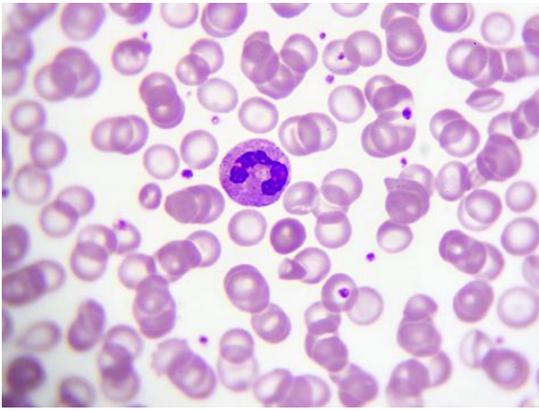
Updated material*

- [The WorldCare Consortium®](#) (English) - ([French version](#))
- [WorldCare Mental Health MSO](#) (English) - ([French version](#))
- [WorldCare Pain Management MSO](#) (English) - ([French version](#))
- [WorldCare SpecialtyRX MSO](#) (English) - ([French version](#))

***Please note: Some of these services may not yet be available to you, if you are unsure if you have access to a service or not, please ask your employer or insurer.**

Immunotherapy for Blood Cancers: What's New?

Source: [Dana-Farber Cancer Institute](#)



Investigators at WorldCare medical second opinion provider, Dana-Farber Cancer Institute are at the forefront of clinical trials of new types of immunotherapy, of ways of improving the effectiveness of current therapies and exploring new combinations of immunotherapy drugs and other agents in the battle against blood cancers such as leukemia and lymphoma.

Key parts of the ground-breaking clinical trials involve bolstering transplants; harnessing natural killers and repairing protein. [Read more.](#)

"WorldCare MSO was made so easy by the most wonderful group of people I have ever dealt with since my diagnosis in 2014. My team worked tirelessly and quickly to collect the information, and not only confirmed my original diagnosis, but came up with a long term plan that no one else could give me. They became like family to me. They gave me tools and questions to ask doctors and specialists, and found discrepancies in my tests results that I should have retested. My team also found things in my tests that I had never been told before! I couldn't be happier with the outcome. I can't thank you all enough." - Monica, WorldCare member

If you have recently been diagnosed with a blood cancer and you would like a medical second opinion, [contact us.](#)

Estimated New Cases (%) of Leukemia, Lymphoma and Myeloma, 2019

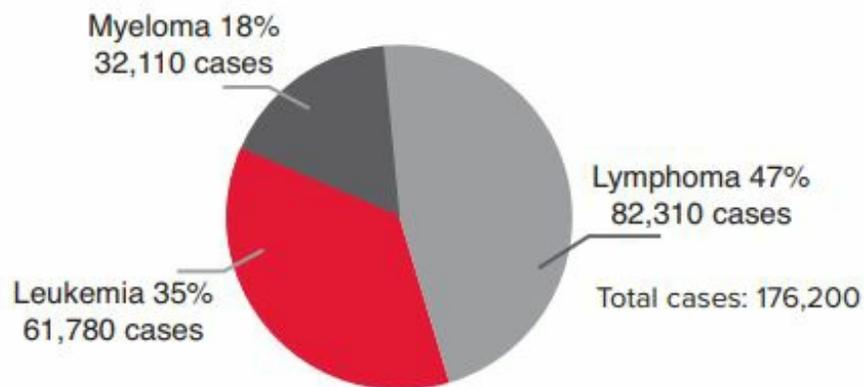


Figure 1. Source: *Cancer Facts & Figures, 2019*. American Cancer Society; 2019.

Dual Diagnosis: Barriers and Gateways to Effective Addiction Care

Source: [McLean Hospital](#)



Did you know that nearly 48% of American adults with a substance use disorder had at least one other psychiatric disorder? However, more times than not, these disorders are treated completely independently. Thus slowing down the road to recovery.

R. Kathryn McHugh, PhD, a clinical psychologist and director of the Stress, Anxiety, and Substance Use Laboratory at WorldCare medical

second opinion provider, McLean Hospital, stresses that breaking down these separate silos for treating addiction to drugs or alcohol and mental health conditions is one of the biggest hurdles to overcome for effective treatment. [Read more.](#)

"The WorldCare team ensured a seamless process. They coordinated the whole process of obtaining medical records and samples from a local hospital and providing them to reputable specialists for the second opinion without much involvement from my part or my physician. The report was very thorough providing expert medical opinion and clarification as to the diagnosis and treatment. Access to this second opinion provided reassurance that the specificity of my condition was adequately diagnosed and that I am undertaking the right treatment." Amedeo, WorldCare member

If you have been diagnosed with serious medical condition, [contact us today to request a medical second opinion.](#)

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